

## **Composites & Amalgams**

**23<sup>rd</sup> March 2012**

### **Wirral Postgraduate Medical Centre**

DFT adviser Martin Woodhead

Dear colleague

To get the most out of this enjoyable practical course day please endeavour to bring along the following dental kit:

1. *A curing light*
2. *Some composite material – any shade, out of date materials are fine*
3. *A probe, a pair of tweezers*
4. *Your preferred composite and amalgam instruments, e.g. a wards carver*
5. *Your rubber dam kit – dam, punch, frame, clamps and forceps*
6. *Your prepared plastic teeth!*

#### **A note on curing lights**

We will have 3 with us, to get the most out of the day please try to bring one.

#### **Optional kit**

If you own magnification loupes or a clinical camera please bring them.

#### **Customise this course day**

I would like to make sure you get the most out of this training day. If there are any aspects of operative dentistry that you would like me to specifically cover please email the topics to me at [referrals@cheshiresmile.co.uk](mailto:referrals@cheshiresmile.co.uk)

#### **Your cases**

If you have any restorative, periodontal, endodontic cases, models, radiographs or prosthetic work at any stage of completion please feel free to bring these along to discuss as a group.

We look forward to meeting you on the day, any problems please email me and we will do our best to make sure you have everything you need on the day.

I look forward to meeting you in person.

Kind regards



This tooth preparation guide can also be viewed on our web site [www.cheshiresmile.co.uk](http://www.cheshiresmile.co.uk)

## How to prepare the teeth

Please find enclosed 5 plastic teeth for you to prepare at your clinic. Simply copy my preparations in the photos below. Use rotary diamonds and water spray as normal.

**In 2 molar teeth cut BIG occlusal cavities, yes BIG, but not including the functional cusp tips (A). In another 2 molars cut a large MOD cavity, like it's been root filled (B)**



**Using the incisor cut a large chunk off it to simulate a fractured tooth. Then create a chamfer 360° around the tooth margin. Make the preparation heavier on the palatal aspect and lighter on the labial surface (C and D).**



Any problems please email us at [referrals@cheshiresmile.co.uk](mailto:referrals@cheshiresmile.co.uk)



### Dental nurse Hannah says:

"You're going to use your prepared teeth to carry out composites and amalgams.....**please make sure you don't forget them!**"