

Treatment Planning & Dental Aesthetics

18th March 2011

Dear colleague

To get the most out of the practical course day please endeavour to bring along the following dental kit:

1. A curing light with care!
2. A probe, a pair of tweezers
3. Your preferred composite instruments, e.g. a wards carver with a sharp point
4. Composite polishing kit, clear strips, matrices
5. Your rubber dam kit – dam, punch, frame, clamps and forceps
6. Your prepared plastic teeth!
7. A wax knife
8. Le Cron
9. An old tooth brush

A note on curing lights

We will have a few with us – if you can't bring one don't panic. Normally Optident provide a large quantity but if they are supporting several courses on this particular day we're never sure how many we will receive. Sorry for any inconvenience.

Optional kit

If you own magnification loupes or a clinical camera please bring them.

Customise this course day

I would like to make sure you get the most out of this training day. If there are any aspects of operative dentistry that you would like me to cover email the topics to me at referrals@cheshiresmile.co.uk

Your cases

If you have any restorative, endodontic cases, models, radiographs or prosthetic work at any stage of completion please feel free to bring these along to discuss as a group.

I look forward to meeting you in person.

Kind regards



Mr Peter Smyth BDS, MSc
Cheshire Smile Clinic

How to prepare the teeth

Please find enclosed 4 plastic teeth for you to prepare at your clinic. Simply copy my preparations in the photos below. Use rotary diamonds and water spray as normal.

In two of the molar teeth cut BIG occlusal cavities, yes BIG, but not including the functional cusp tips (A).



Using 2 incisors cut a large chunk off them to simulate a fractured tooth. Then create a chamfer 360° around the tooth margin. Make the preparation heavier on the palatal aspect and lighter on the labial surface (C and D).



Any problems please email us at referrals@cheshiresmile.co.uk



Dental nurse Hannah says:

*"You're going to use your prepared teeth to carry out composites.....**please make sure you don't forget them!**"*