

**Chester Foundation Dentists**  
**Friday 25<sup>th</sup> March 2011**  
**Clatterbridge Postgraduate Centre**

Dear colleague

To get the most out of the practical course day please endeavour to bring along the following dental kit:

1. *A curing light with care!*
2. *A probe, a pair of tweezers*
3. *Your preferred composite and amalgam instruments, e.g. a wards carver*
4. *Composite polishing kit, clear strips, matrices*
5. *Your rubber dam kit – dam, punch, frame, clamps and forceps*
6. *Your prepared plastic teeth!*

**A note on curing lights**

We will have a few with us – if you can't bring one don't panic. Normally Optident provide a large quantity but they are supporting several courses on this particular day and there will only be a few if you don't bring yours! Sorry for any inconvenience.

**Optional kit**

If you own magnification loupes or a clinical camera please bring them.

**Customise this course day**

I would like to make sure you get the most out of this training day. If there are any aspects of operative dentistry that you would like me to cover email the topics to me at [referrals@cheshiresmile.co.uk](mailto:referrals@cheshiresmile.co.uk)

**Your cases**

If you have any restorative, endodontic cases, models, radiographs or prosthetic work at any stage of completion please feel free to bring these along to discuss as a group.

I look forward to meeting you in person.

Kind regards



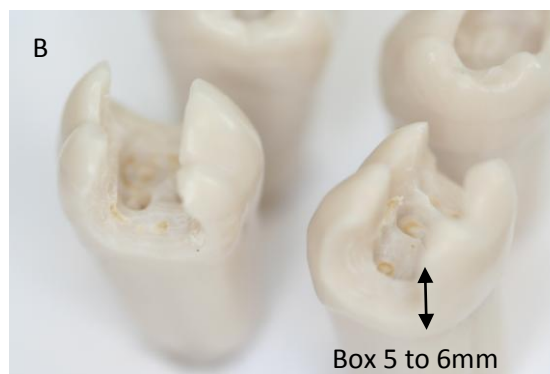
Mr Peter Smyth BDS, MSc  
Cheshire Smile Clinic

## How to prepare the teeth

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Please find enclosed 4 plastic teeth for you to prepare at your clinic. Simply copy my preparations in the photos below. Use rotary diamonds and water spray as normal.

**In two molar teeth cut BIG occlusal cavities, yes BIG, but not including the functional cusp tips (A). In the third molar cut a large MOD cavity, like it's been root filled (B)**



**Using an incisor cut a large chunk off it to simulate a fractured tooth. Then create a chamfer 360° around the tooth margin. Make the preparation heavier on the palatal aspect and lighter on the labial surface (C and D).**



Any problems please email us at [referrals@cheshiresmile.co.uk](mailto:referrals@cheshiresmile.co.uk)



**Dental nurse Hannah says:**

*"You're going to use your prepared teeth to carry out composites.....**please make sure you don't forget them!**"*